



beyond
the physical

Impact Report

2025/26

.....

*Transforming young people's lives through
Physical Education, School Sport and
Physical Activity.*



www.beyondthephysical.co.uk



WELCOME



Steve Waide
Director & Senior PE Consultant

“ Thank you to our incredible team,
partners, schools and families for being
part of our mission. ”

Your support drives everything we do.

A message from our Director...

As we reflect on another incredible year at Beyond the Physical, I am immensely proud of the impact our team has made in schools, communities and with thousands of children across the UK and beyond.

This year has been one of growth, innovation and recognition. We have continued to support schools through **high-quality Physical Education**, School Sport and Physical Activity, while expanding the reach of our consultancy, professional development, curriculum resources, Play Leader programme, Wraparound Care and Swim provision.

Receiving national recognition as an **afPE Approved Curriculum Resource** and becoming an afPE Approved Professional Development Provider represents an important milestone in our journey. These accreditations reinforce our commitment to providing schools with evidence-informed, high-quality support that positively impacts teachers, children and whole-school outcomes.

However, our greatest achievement continues to be the difference we make every day. Behind every statistic within this report are teachers who feel more confident, **children who are more active**, schools that are stronger and communities that are healthier because of the partnerships we have built together.

As the educational landscape continues to evolve, we remain committed to listening, adapting and innovating. We look forward to continuing this journey with you as we work together to

**transform young people's lives through Physical Education,
School Sport and Physical Activity**

We look forward to continuing our work together throughout 2026/27.



At a glance

Our impact in 2025/26

Across schools, communities and partners, we're creating meaningful movement experiences that transform young people's lives every day.



Scheme of work
UK coverage.

Each pin represents
regional coverage.



Why hundreds of schools chose *Beyond the Physical*

Recognised. Trusted. Accredited.



afPE Approved Curriculum Resource

- BtP Scheme of work is independently quality assured.
- We are recognised as a high-quality curriculum resource.
- Reflects current educational research and best practice.



afPE Professional Development Provider

- BtP Professional development is nationally accredited.
- This is designed to build teacher confidence.
- Proven to improve teaching practice through evidence-informed learning.



Ofsted Registered Provision

- BtP Wraparound Care and childcare services are fully Ofsted registered.
- This provides confidence for parents and schools in the quality, safety and care of every child.



The benefits for school communities



FOR SCHOOLS

- ✓ Nationally recognised quality and accreditation
- ✓ Curriculum that is engaging, inclusive and progressive
- ✓ Reduces workload and supports school improvement
- ✓ Reliable, professional and passionate team



FOR TEACHERS

- ✓ High quality CPD and dedicated support
- ✓ Build confidence and subject knowledge
- ✓ Practical resources and easy to implement ideas
- ✓ Ongoing guidance tailored to your needs



FOR CHILDREN

- ✓ Enjoy engaging and active learning experiences
- ✓ Develop physical literacy and life skills
- ✓ Build confidence, resilience and teamwork
- ✓ Positive relationships with movement for life

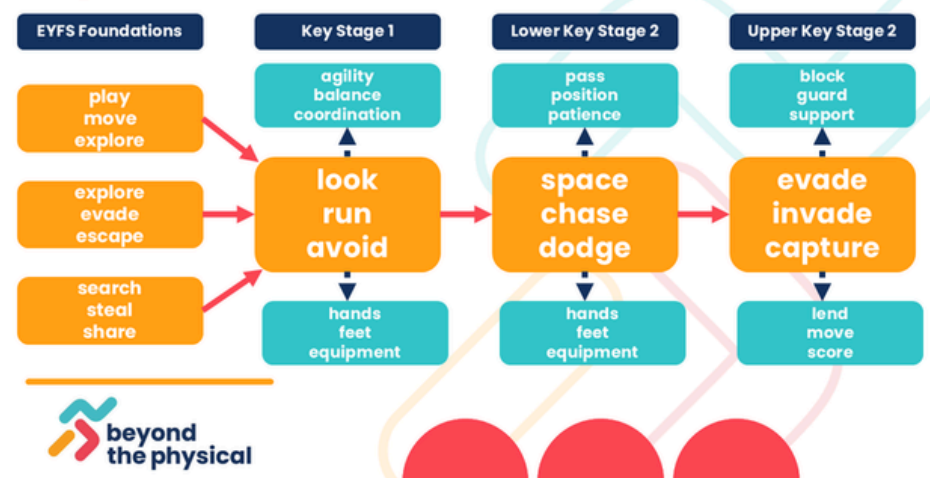
Innovative scheme of work *transforming* PE

Key features of our PE scheme of work

- ✓ Lesson planning across EYFS, KS1 and KS2
- ✓ Whole organisation training included
- ✓ Lesson Videos for each unit of work
- ✓ Assessment tool embedded in the platform
- ✓ Interactive Curriculum Builder
- ✓ Subject Leader resources
- ✓ Log-in access for all your team



Progression & Connections



Visit www.beyondthephysical.co.uk for your free 14-day trial

OUR IMPACT THIS YEAR



7000+

teachers supported



60,000

pupils having positive experiences in PE



Three schools participating in Doctorate research measuring the impact of physical literacy



95%

school renewals

		Year 1 Example long term plan					
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 or Lessons 1 & 2 for the first three weeks	Learning theme	agility balance coordination	throw prepare catch	jump shape create	duel win lose	run jump throw	target control combine
	NCPE link	'Master basic movements... including agility, balance, coordination'	'Master basic movements... including throwing and catching'	'Develop fundamental movement skills - locomotion and stability'	'Team games, developing simple tactics for attacking and defending'	'Master basic movements including running, jumping and throwing'	'Master basic movements including throwing and coordination'
Lesson 2 or Lessons 1 & 2 for the first three weeks	Learning theme	look run avoid	hands feet equipment	fair share dare	inspire create perform	react roll retrieve	send receive return
	NCPE link	'Team games, developing simple tactics for attacking and defending'	'Develop fundamental movement skills - object control'	'Embed values such as fairness and respect'	'Perform dances using simple movement patterns'	'Develop fundamental movement skills - locomotion and object control'	'Develop fundamental movement skills - object control'

Supporting teachers, Strengthening education

Teacher journey: Real support. Real impact.

Every teacher starts from a different place. Our role is to provide the support, guidance and practical tools that help teachers grow in confidence and improve outcomes for every child.

Our offer for teachers

- ✓ Bespoke CPD workshops and INSET days
- ✓ Curriculum planning and medium-term support
- ✓ Practical teaching strategies and subject knowledge
- ✓ Assessment and progression guidance
- ✓ Ongoing mentoring and consultancy
- ✓ Access to resources, webinars and expert advice

OUR IMPACT THIS YEAR



600+

Teachers
Supported



45+

CPD Events
Delivered



42

Learners Completing
Level 5 Primary PE



95%

of teachers would
recommend our CPD*



98%

of participants felt
more confident
delivering PE*



association for
PHYSICAL EDUCATION
Approved Professional Development
Provider
2026-2027

“Completing the Level 5 Primary PE Specialism qualification has transformed my confidence as a subject leader. It has given me the knowledge, practical strategies and leadership skills to make lasting improvements across our school.”

Transforming *playtimes* through *leadership*

Our Play Leader project empowers pupils to lead active, engaging and inclusive play experiences. It develops leadership skills, boosts confidence and creates positive, energetic playgrounds for everyone.



- Play Leader training session
- Access to Play Leader portal & resources
- Zoom webinar: Elevating Play Leadership
- Play Leader bibs
- Follow up & support session
- Playground / lunchtime audit
- Lunchtime staff CPD session

	Starter Pack	Active Pack	Momentum Pack	Impact Pack
Play Leader training session	✓	✓	✓	✓
Access to Play Leader portal & resources	✓	✓	✓	✓
Zoom webinar: Elevating Play Leadership	✓	✓	✓	✓
Play Leader bibs		✓	✓	✓
Follow up & support session			✓	✓
Playground / lunchtime audit			✓	✓
Lunchtime staff CPD session				✓

For more information, contact Charlie Oates at charlie@beyondthephysical.co.uk or visit www.beyondthephysical.co.uk/playleaders

Transforming *playtimes* through *leadership*



MAKING A DIFFERENCE EVERY DAY



MORE ACTIVITY

Increased physical activity and energy across the playground.



BETTER BEHAVIOUR

More positive interactions and fewer incidents.



STRONGER LEADERS

Pupils develop confidence, responsibility and communication skills.



GREATER INCLUSION

More children involved, more friendships and less isolation.



SUPPORTING STAFF

A sustainable approach that reduces adult pressure at playtimes.

OUR IMPACT IN 2025/26



21

Schools Supported



23

Groups of Play Leaders



660

Play Leaders Trained



5,000+

Children Impacted through Playtimes



50

Lunch Time Staff Supported

Our Play Leader project

- ✓ Pupils receive training to develop leadership, communication and teamwork skills.
- ✓ Leaders plan and deliver fun, inclusive activities at playtimes.
- ✓ Promotes physical activity, positive behaviour and a sense of belonging.
- ✓ Supported by resources, training and ongoing follow up sessions.
- ✓ Sustainable impact for schools and communities



What children say

“

Being a Play Leader has helped me become more confident. I enjoy helping younger children join in and make new friends.

— **Year 6 Play Leader**

“

I love playtime now because there are always fun games to play and someone to help if I don't know what to do.

— **Year 3 Pupil**

What staff say

“

The Play Leader programme has transformed our lunchtimes. Children are more active, more inclusive and take real ownership of creating positive play experiences.

— **Deputy Headteacher**

“

Our Play Leaders have become fantastic role models, developing confidence, leadership and communication skills that extend well beyond the playground.

— **PE Lead**

Transform your swimming education

Choosing Swim:ED for your primary school swimming provision brings numerous benefits, all designed to empower your school to create an impactful swimming programme.

We have worked with over 2000 children across 19 schools to deliver this innovative pop-up approach to school swimming.

Our turnkey swimming solution eliminates the need for off-site travel and enhances learning time. It's not just about convenience.

The Swim:ED team creates a safe, inclusive, and enriching environment where every child can learn essential swimming and water safety skills.

For more information, visit
www.beyondthephysical.co.uk/swimed



EXPERT LED

Created by swimming education specialists and aligned to best practice and national guidance.



PROGRESSIVE & INCLUSIVE

Structured, step-by-step learning for all abilities, from confidence in water to competitive swimmers.



ENGAGING & IMPACTFUL

Lessons that inspire children, build life skills and promote a lifelong love of swimming.



 **beyond
the physical**

 **Swim:ED**

Grow Together

One vision. National impact.

The Grow Together Programme was created to help private and community organisations deliver exceptional Physical Education.

By combining the Beyond the Physical afPE Approved Scheme of Work with training, curriculum support and ongoing professional development, we enable partners to provide schools with a consistent, progressive and high-quality PE experience.

Key benefits of Grow Together

During 2025/26, the programme supported community organisations across the country. This included;

- **Access to an industry-leading scheme of work for all their schools**
- **Training to deliver nationally accredited CPD**
- **Exposure to continuous professional development**
- **Co-hosting expert-led regional CPD events**
- **Growing the brand and reach of their organisation**



City in the Community development day delivered by BtP PE Advisors Steve Waide and Dan Wilson.



Grow Together Case Studies...

Developing staff expertise

Beyond the Physical delivered comprehensive Scheme of Work training to the Lincoln City Foundation team, combining classroom-based pedagogy with practical PE delivery.



The programme introduced key teaching principles before being reinforced through follow-up quality assurance, ensuring staff could confidently deliver consistent, progressive and high-quality Physical Education across their partner schools.

Strategic Support

Through the Grow Together Programme, Beyond the Physical supported Chester FC Community Trust with two days of consultancy, staff observations and leadership development.



The visit focused on strengthening curriculum delivery, supporting strategic growth and deepening school partnerships, culminating in a local engagement event to showcase the Trust's high-quality Primary PE offer.



International reach, Global Impact.

We are proud to be partnered with schools across the globe, supporting our International colleagues to further elevate their Physical Education and School Sport provision.



Subject Support

We provide advice and hands-on support for PE leaders to embed innovative approaches within the international setting.



CPD course delivery and keynotes

Our industry experts have delivered keynote presentations and workshops across the globe.



Primary PE Scheme

Schools from around the world are utilising our PE Scheme of Work, which includes ongoing support for all of your team.



Building on today ***shaping tomorrow***

Our priorities for the future

**Reach more
children**

**Support
more
teachers**

**Drive
greater
impact**

**Strengthen
our
partnerships**



We are proud of what we have achieved together – but we know there is more to do.

Our vision for the future is to reach more children, support more teachers and work with more schools and communities to create a healthier, happier and more active generation.

Thank you for being part of our journey

None of what we do would be possible without the support of our schools, partners, teachers, families and communities.

Together, we are empowering children, inspiring teachers and creating brighter, more active futures for all.



Get in touch
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Email us
info@beyondthephysical.co.uk



Visit our website
www.beyondthephysical.co.uk

thank you!

Your support, trust and partnership make a real and lasting difference to the lives of children and the communities we serve

