



Bullying Picture



In the box below, create a picture to show one or all of the following forms of bullying:

Verbal Bullying – This is where a bully says things to you that are unkind. This could include name calling or saying nasty things to you.

Physical Bullying – This is where someone physically hurts you. This could include hitting, scratching, pushing or tripping you up. It is a criminal offence to hurt someone else physically.

Indirect Bullying – This includes ignoring someone, spreading rumours about someone or giving someone a nasty look more than once.

Cyber Bullying – This is where someone uses technology to be repeatedly unkind to someone. This could happen through the Internet, interactive computer games, text messages or phone calls.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).