

Design a Positive Thinking Cap

Using the outline below, design a cool cap with colourful messages about positive thinking. You can do bubble writing, graffiti-style writing, symbols and illustrations. Just remember to keep it positive!



You can do it!

Go for it!

Keep going!

I can do this!

This is great!

challenge

persevere

resilience

determined

goal

Reach for the stars!

OK

happy

practise

Stick at it!

Super me!

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#)